

Blissful Spa Packages

- 1. Blissful Spirit... \$195**
1/2 hour massage of your choice, a facial (approx. 60 minutes), paraffin hand treatment, (35 minutes).
- 2. Blissful Revitalize...\$215**
Facial (approx 60 minutes), paraffin hand treatment (approx. 35 minutes), and a paraffin foot treatment (45 minutes).
- 3. Blissful Enchantment...\$265**
Body Scrub (1hour), 1hour massage of your choice and facial. Approx. 60 minutes.
- 4. Blissful Harmony...\$190**
1 1/2 hour massage, paraffin foot treatment.
- 5. Blissful Invigorate... \$140**
Body Scrub, 1/2 massage.
- 6. Blissful Classic... \$170**
1 hour massage, 1 facial.
- 7. Blissful - New Mexico... \$340**
Hot Stone massage (1 1/2)
Facial (60 min.) 1 hour massage.
- 8. Blissful - Arizona... \$420**
Body scrub (65 min.)
Facial (60 min.)
Hot Stone massage (90 min.)
Paraffin Foot treatment (45 min.)

*I could live
this way forever...*

***20% Customary Tipping on Services**

Blissful Hours

Saturday 10 - 5pm
Sunday*by appointment only*
Monday*by appointment only*
Tuesday 12:00 - 7/8pm
Wednesday 12:00 - 7/8pm
Thursday 12:00 - 7/8pm
Friday 12:00 - 7/8pm

*Summer Hours: July & August
Slightly different

Open on Mother's Day & Valentine's Day

Expert Body Waxing

*Warm Wax is applied. Promotes slower, lighter growth of hair.
*For Men & Women

Women/Teen

Eyebrows.....	\$13.
Chin	\$13.
Lip Wax.....	\$13.
High Bikini Line.....	\$35.
Bikini	\$28.
Lower Leg.....	\$30.
Upper Leg.....	\$35.
Full Leg and Bikini	\$85./\$88.
1/2 Arm (Lower)	\$25.
1/2 Arm (Upper)	\$20.
Full Arm	\$42.
Underarms	\$28.
Brazilian	\$65.

Men

Full Back Wax	\$75. And up
Partial Back Wax.....	\$50.
Chest	\$65.
Upper Leg.....	\$50.
Lower Leg.....	\$45.
Full Arm.....	\$55.

***Every Hygiene Precaution is taken
at Blissful for Waxing**

*Indulge Yourself
Lift your spirit!*

Hot Stone Massage

Smooth stones of various shapes and sizes are heated to retain a specific temperature to relax arms, legs, back & feet. Heated stones penetrate muscles to assure a blissful massage treatment done by an experienced therapist.
90 minute massage.... \$170.00

Body Scrub

Bufs Away Skin Impurities
For Men, Women and Teens

Invigorating, pampering, Revitalizing sea salts exfoliate—arms and legs, back, hand & feet. Renewing skin. Revealing softer smoother, healthier skin. Feel the difference, shed old skin. Some massaging involved. Removed with warm towels. Showers available too.
Approx. 65 minutes ...\$95.00

Seaweed Body Wrap

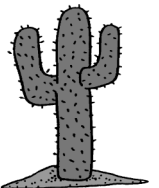
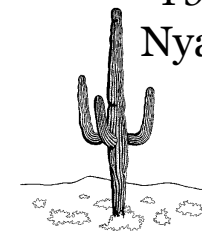
*Luxuriate, Cleanse & Detox
Water Retention.*
Stimulates Lymphatic System.
*Eliminate & Release Toxins through
Kidneys & Bladder.*
1 hour \$95.00

a girl and a dream...

**MassageTherapy
&
Facials**
& more...
NYS Licensed Staff



(845) 353-6439
198 Main Street
Nyack, NY 10960



*tranquility
in the heart of Nyack*

www.blissfulnyack.com

Entire Family Welcome!

**198 Main Street Nyack, New York
(845) 353-6439**

Come And Join Us At Blissful

*for a massage geared just for your needs.
Discuss with our therapist exactly where
stress accumulates or chronic pain exists,
or relax and we will massage accordingly
for all over mind and body well-being.*

*Sense your mind unwinding
Upon entering Blissful.
We've brought nature indoors*

Reduce Stress and Improve Circulation
from our everyday activity.

Entire family welcomed.

Men, Women, Teens

*Blissful uses great smelling Aromatherapy
oils, experience natural benefits derived
from plants and flowers.*

*Blissful has 7 lovely
massage treatment rooms*

Come early and wait in our

Room by the Stream

Or enjoy our huge waterfall,

& have a cup of complimentary tea

Arrive 15 minutes prior to appointment

-No Cash Refunds-



~20% Customary Tipping on Services

~Telephone orders accepted

~No insurance accepted

~Please cancel 24 hrs in advance.

~Our Therapists are N.Y.S. Licensed.

~We accept MasterCard, Visa and Amex.

~Returned check...\$20 charge

~Wheel chair accessible

~2 showers available

~No smoking on premises

Gift Certificates

**For All Services are Available
For Any Dollar Amount**

All Massages

For Men and Women

1/2 hr-\$45 1 hr-\$80 1 1/2 hr-\$125

1. Relaxing - Swedish...soothing and unwinding, light surface massage for stress reduction, good for circulation - for the arms, legs, back, neck and feet.

2. Anti-Stress - Scalp, Neck & Shoulders...feel the stress melt away as we stimulate your scalp. It's uplifting and relaxes the muscles surrounding the scalp.

3. Neck, Back and Shoulders Treatment...Relieves the pressure in upper-center back to the lower back, unbelievable.

4. Deep Tissue Massage... tight, tensed over stressed muscles are warmed up and worked to your level of pressure relieving blocked tensed muscles everywhere.

5. Blissful Favorite - Back, Scalp & Feet... mental fatigue will reduce as tired feet get massaged, back will be revitalized, relieving soreness and increasing circulation.

6. Back Only...concentration on all back muscles for better flexibility and stressful areas.

7. Reflexology Massage (Feet)...natural healing principal reflex points on feet that reflect body parts, for tired overworked aching feet. Drift away.

8. Pregnancy Massage *...very relaxing, relieves tired, sore muscles

**Check with your doctor first.*

**Not in the first 3 months.*

9. Sports Massage...ideal for active people. Our therapists focus on the muscles relevant to your particular sport or activity. More vigorous than other massages.

10. Medical Massages... with a doctors approval, we will work an injury or illness and concentrate where you need massage time spent.

11. A Room for Two Massages...Friends/ Couple/Family. Two therapists at the same time (with two clients). 1 hr. or 1 1/2 hr. only.

drift away to dream...

Fabulous Facials

N.Y.S. Licensed Estheticians

For Men, Women and Teens

1. Blissful Facial...starts with cleansing, steaming, exfoliation and light extraction if necessary. A longer time massaging facial, neck and shoulder muscles, a face masque for your skin type. Drift away. Leave here feeling nourished and tension free.

Approx. 60 MINUTES...\$90

2. Spa Facial...extra moisturizing, will enhance your skin, reawakening it to a soft, glowing texture, cleansing and steaming. Facial, neck and shoulder massage and a moisturizing masque. Depending on skin type our Estheticians may have other steps.

Approx. 60 MINUTES..\$90

3. Deep Cleaning...skin analysis, cleansing, steaming, removal of impurities. Face and neck massage followed by a masque suited for your skin type and a final moisturizing.

Approx. 60 MINUTES...\$90

4. Back Facial Treatment...the relaxing back facial begins with cleansing - removing excess oil, followed by exfoliation, polishing away dullness, extractions if necessary, massaging, then a masque suitable for your skin in put on back. For all skin types.

Approx. 60 MINUTES...\$95

Paraffin Wax Treatments...

re-hydrating and moisturizing - replenish dry skin.

A) Hands...35 minutes - massaged, exfoliating with soothing salt scrub then ending with paraffin wax - \$60

B) Feet...45 minutes - pampering overworked feet - massaged, salt scrub, warm towels, ending with paraffin wax all over feet. Great for joints and bones in feet. - \$65

'Mario Badescu' Products Sold

embrace life...

Microdermabrasion

The MegaPeel program of microdermabrasion is the most natural way to evenly & safely exfoliate the skin without chemicals or laser. Utilizing crystals to gently resurface the superficial layers of skin, MegaPeel is right for all skin types.

MegaPeel Microdermabrasion.. \$130
(45 minutes).

**MegaPeel Microdermabrasion
w/ Facial ...**\$185 (90 minutes).

Blissful Enhancements

For Men & Women Facials

Pumpkin-Papaya Enzyme Peel-Gel...for all skin types. Unique-all natural enzyme peel combines both Pumpkin and papaya, green tea extract and beta carotene to exfoliate and dissolve dead skin cells, moisturize and rejuvenate the skin. It will retexture, refine and nourish the skin while leaving the skin soft, also improving circulation to the skin. *Approx. 60 MINUTES...\$98*

Collagen Enhancement...for Men & Women Skin is cleansed and exfoliated, steamed and massaged, then a collagen ampule is gently massaged into skin for moisture balance of the content of the skins supporting tissues. Then a collagen fiber masque is applied over ampules leaving skin looking supple, smooth and hydrated—reducing appearance of fine lines.

Approx. 60 MINUTES...\$100

Hyaluronic Enhancement ... For hydrating, smoothing and plumping up skin—skin is cleansed, massaged, steamed and prepared for a hyaluronic ampule which is gently massaged into skin followed by a collagen fiber masque.

Approx. 60 MINUTES... \$100

Glycolic Peel*... for men & women Cleansing skin, a process that is designed to reduce the appearance of fine lines, wrinkles, hyperpigmentation, flaky patches, acne and sun damage & even texture as well.

**Cannot be applied on broken or irritated skin.
Approx. 60 MINUTES ...\$98*